

Autonomy	Responsibility	Self knowledge
Creativity	Generosity	Humility
Self esteem	Self control	Passion
Pleasure	Growth	Genuineness
Industry	Moderation	Fun
Humor	Mastery	Health
Justice	Honesty	Integrity
Helpfulness	Knowledge	Flexibility
Leisure	Optimism	Realism
Contribution	Family	Achievement

Commitment	Authority	Faithfulness
Cooperation	Fitness	Adventure
Compassion	Fame	Dependability
Change	Duty	Accuracy
Comfort	Excitement	Beauty
Friendship	Purpose	Religion/ Spirituality
Sexuality	Popularity	Power
Wealth	Stability	Safety
Tolerance	Order	Rationality